



## **MIND/BODY AND GROUP FITNESS INSTRUCTORS CONTRACT DAYS, EVENINGS & WEEKENDS**

The Reh-Fit Centre is a not-for-profit organization with a mission to enhance the health and well-being of its members and the community by providing innovative health and fitness services through assessment, education, and exercise in a supportive environment.

The Reh-Fit Centre currently has openings for contract **Mind/Body and Group Fitness Instructors** to provide program instruction to clients of the Reh-Fit Centre. We are looking for an individual who exhibits the core values behind our mission (integrity, professional, evidence, caring, and innovation), who represents the vision of the Centre by demonstrating a strong customer service philosophy, a professional image, and a commitment to helping people live a healthier life.

Join a multidisciplinary team in a facility with close to 4000 members, established clientele, and beautiful environment with an established weekly schedule. You will have access to top-of-the-line equipment, facilities, and resources to lead classes. We have a competitive compensation rate.

As the ideal candidate, you will possess the following skills and attributes:

- Current Basic Life Support CPR/First Aid
- Registration with the Manitoba Fitness Council (MFC) or similar reputable organization  
Registration must be current and maintained in good standing.
- Outgoing, friendly personality with a natural talent for customer service.
- Related work experience is preferred.

Interested individuals are invited to submit their resumes to:

Fitness Program Supervisor  
1390 Taylor Avenue  
Winnipeg, MB R3M 3V8  
Email : [hr@reh-fit.com](mailto:hr@reh-fit.com)

